



## Dates to Remember

### 28 May - 1 June

Year 12 Exams  
Year 9 Albany Tour

### 4 June

WA Day Public Holiday

### 5 June

Year 10 Exams

### 8 June

Girls in STEM Day  
Year 10 ASMI Choose Maths Excursion

### 11 June

Year 11 Exams

### 12 June

Year 8 Salaka Drumming Incursion

### 14 - 15 June

Year 10 Outdoor Education Camp

### 18 - 22 June

Arts Week

### 20 - 21 June

Year 10 Course Counselling

### 20 June

Arts Showcase 6pm  
Year 10 Get In to Resources Excursion  
Secondary Schools Orienteering Championships

### 21 June

Year 11 Design Murdoch Uni Excursion

### 22 June

Year 10 Sports Science Murdoch Uni Excursion

### 25 June

Anketell Bushranger Excursion

### 26-27 June

Year 10 Immunisations

### 26 June

Year 11 & 12 AIME

### 27 June

Year 11 & 12 Reports Distributed

### 28 June

Year 11 Holocaust Excursion

### 29 June

Year 8 & 9 Reward Lunch  
Last Day of Term 2

### 18 July

Term 3 Commences



Year 10 Outdoor Recreation classes travelled into the Kalamunda hills to Stathams Quarry.



## From the Principal

Our Year 7 and Year 9 students have recently completed the 2018

round of NAPLAN testing. I want to congratulate the vast majority of our students who undertook these tests with a positive approach. We will now await the data generated by these assessments to analyse and to determine where we need to apply further focus and attention, as well as individual teachers utilising this data to inform them in their lesson planning ensuring that each student has their specific literacy and numeracy needs met.

Our Senior School students are engaging in their Semester 1 examinations. We of course wish them the best of luck and the results on these assessments will provide a snapshot of current understanding, as well as the areas that require further work for improved outcomes. This will come through feedback to students and an analysis of the exam performance for each student. Please ensure that in the lead up to and during the examination period, students are getting appropriate hours of sleep, maintain their study regime,

have a healthy diet and get some fresh air and recreation as a healthy balance. Contained in this edition is an article regarding stress and managing stress during exams, and I encourage all Senior School students and their parents to have a read.

Our Year 7 students are on their camp as I write this and the feedback from staff on camp has been extraordinarily positive. 'One of the best group of students they have had' has been a recurring comment. We trust that the experience will be an uplifting one and help to further that sense of community, unity and belonging. Respect is a core value here and our Year 7 students are displaying that very well.

There is plenty to read and celebrate in this edition of our e-newsletter including the BASSA and Netball Carnivals, excursions for abseiling and Environmental Science and much more. Please enjoy!

*Cheers*

*Keith Svendsen - Principal*

## Year 11 EES Field trip

In Term 1, Week 9 our Year 11 students who are studying ATAR Earth and Environmental Science visited Peppermint Grove and Cottesloe. This field trip enabled them to observe sedimentary rock formations and was lead by a geologist from Earth Sciences WA, Cecily Arkell.

Cecily was able to guide the students to use their knowledge of sedimentary processes to analyse how the land formations we see across coastal WA were formed over millennia. The students found this hands-on field work very engaging and it gave them an insight into the work life of a scientist in the Earth Sciences. Cecily commented on how enthusiastic our students were and noted their ability to apply what they had learned in the classroom to a real world setting.

*Mrs Jo Tregonning - Science Teacher*



# What's In The Box?

## Year 7 Food Technology Design Challenge

In Week 2, the Year 7 Food Technology students were given the task of designing and preparing an interesting, nutritious, healthy and appealing plate of food. The challenging part was thinking outside of the box using only the mystery foods provided in the box. They did an amazing job, don't you think?

*Ms Bonnie Svendsen - Design & Technology/Food Technology Teacher*



*Anika Wishart*



*Donnah Knight*



*Ezra Dimer*



*Jack McGowan*



*Jessica Bertonicin*

# Abseiling Expedition at Stathams Quarry

On 2 and 3 May, both of the Year 10 Outdoor Recreation classes travelled into the Kalamunda hills to Stathams Quarry. The intention of the pursuit was to demonstrate the abseiling and roping skills they were developing in Term 1 on a 30-metre-high vertical rock face.

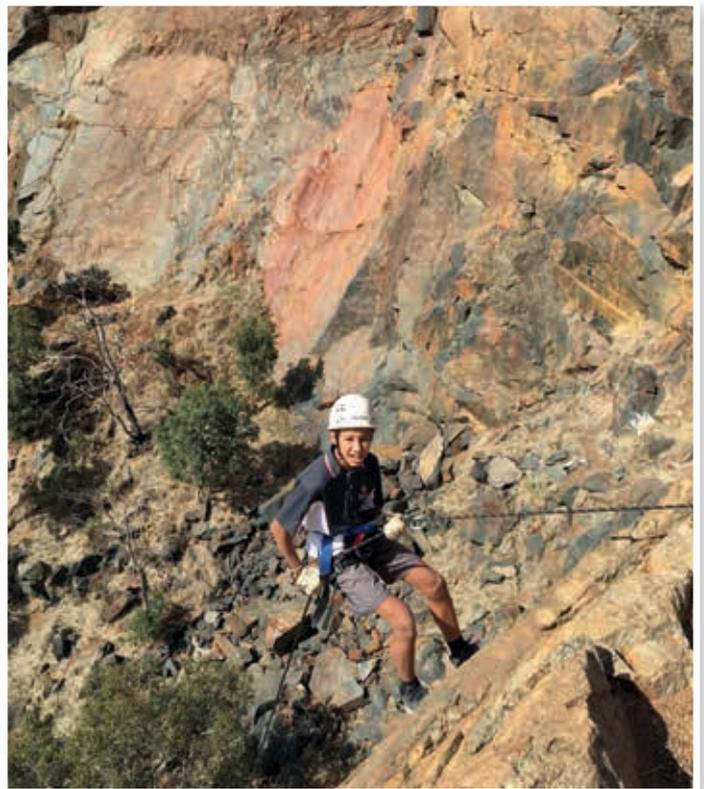
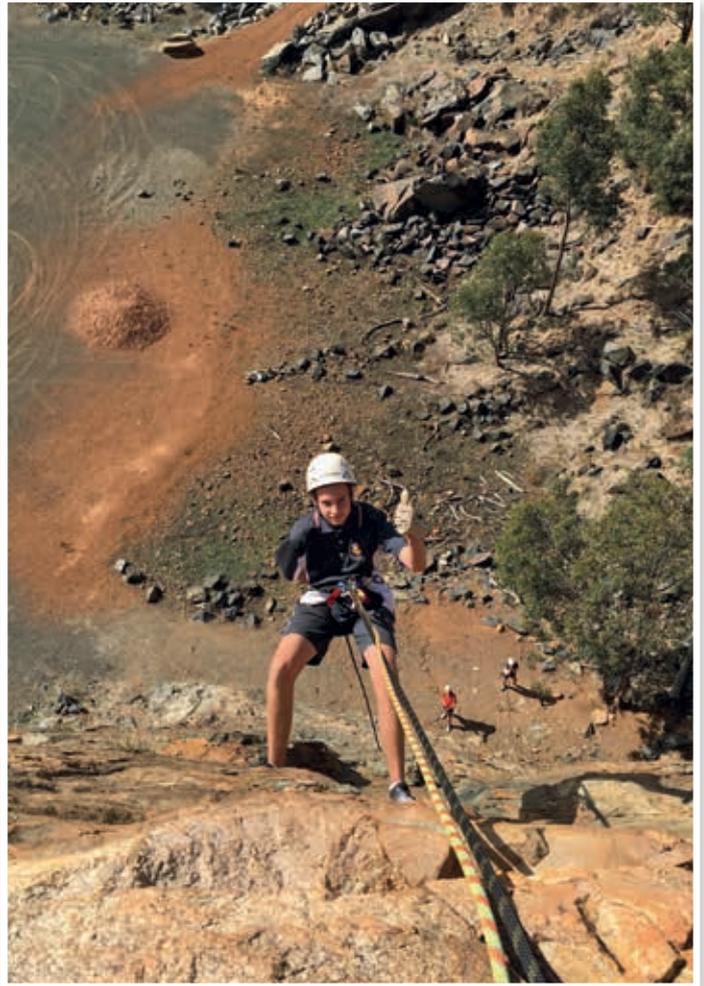
Miss Sharp's Wednesday team were unfortunately washed out due to constant heavy rain. However, a new location and date is being planned for in the near future.

On Thursday, Mr Morris' team were blessed with sunshine and blue skies. After the safety briefing and equipment check the students paired up, with half of the class venturing up the rock trail to the abseil lines and their pairs remaining at the bottom to be their break, switching rolls accordingly.

The abseil descent was very challenging, even for an experienced abseiler, though all the students demonstrated outstanding focus, skill and determination. Setting goals and stepping up to the challenge.

Mr Morris, Miss Sharp, and Mr Russell were very proud of their students as they displayed excellence in all aspects of the expedition. Demonstrating the team work, behaviour and values of a great Outdoor Recreation team.

*Mr Morris – Outdoor Education Teacher*



## BASSA Carnival

On Thursday, 29 April, a range of Year 11 and 12 students participated in our BASSA primary school summer carnivals. Over the last few years Baldivis Secondary College has been helping our surrounding primary schools in running carnivals and events. Students that were involved on the day helped to officiate, umpire or score in a range of sports such as T-Ball, Flag Rugby, Volleyball and Cricket. Students were awesome all day and the surrounding primary schools were very appreciative of their efforts and help on the day. Well done, guys!

*Phys Ed Dept*





## Lower School Netball Carnival

On Friday, 4 May, our Netball girls travelled to Fremantle to play in the High Schools Cup Carnival. All four teams played extremely well and kept their team spirits high throughout the day. It was a pleasure to see each and every student conduct themselves positively both on and off the court. A massive well done to the Year 8 team in having a successful tournament and progressing through to the next round.

Star players for the day were: CJ Bertoncin (Year 10), Mia Ridley (Year 9), Shannon Symon (Year 8), Sophie Rennie (Year 8) and Kesharna Rawiri (Year 7).

Also, a big thank you goes to our volunteers Tylah Forsythe, Isabella Dawson and Holly Mills as well as our awesome parents and grandparents who came along to support us!

*Well done, ladies!*

*Miss Leah Smith, Health and Physical Education Teacher*



## RAC bstreetsmart

On 5 April, we took 37 fantastic Year 10 students to the Perth Arena for the 2018 RAC bstreetsmart event to witness the consequences of distracted driving through the re-enactment of a crash scene. The re-enactment exposes students to the variables that can cause major road trauma, what happens at the scene, as well as what happens after the scene of a major vehicle accident. Students had the opportunity to listen to guest speakers who have been directly impacted by road trauma. The event is a perfect hook for the teaching of Keys For Life in Term 2, as it informs students on how to reduce risk taking behaviours.

RAC bstreetsmart is a free road safety education event in Western Australia for Year 10-12 students. The event, held

annually, is run by RAC with the help of WA Police Force, Department of Fire and Emergency Services, Royal Perth Hospital, St John Ambulance and the Theatrical Response Group. The main purpose of RAC bstreetsmart is to reduce the fatality and injury rates of young Western Australians by prompting safe behaviour as drivers, riders and passengers.

All 37 Year 10 Students, accompanied by Mr. Wheeler, Mr. Alvarenga and Mr. Morris, represented Baldivis Secondary College with the utmost respect for all people involved in the event and walked away from the event having learned some valuable lessons.

*Mr Alvarenga – HPE Teacher*



## University Visit for Year 12 students



Murdoch University and Edith Cowan University visited Year 12 Tutorial classes during Weeks 2 and 3 to give students a snapshot of university life, as well as give our students some valuable information regarding ATAR and Alternative Pathways to University. Students were engrossed in the presentations and were pleased to hear news about 'bonus points' awarded automatically to students who receive an ATAR of 60 and above. Alternative Pathway entrance means students who do not receive the ATAR grade they want or students completing a VET Pathway and Certificate IV can apply to the Universities, through TISC, for a direct pathway into University.

If students would like to know more about the offerings from the universities, please go to the Pathways Centre or use the University web pages for more information regarding University Open Days and Free Revision Seminars for Year 12 students.

The Universities Future Student Officers will be returning to speak to our Year 11 students and Year 12 VET students in the coming weeks.

*Sarah Smith - Program Coordinator AVID*



## Woolworths Donation



Once again, Woolworths have kindly donated some food items so that sandwiches and snacks can be provided for students where needed. Thank you so much for your continued support Woolworths.

*Alison Edwards - Chaplain*



## WA Education Awards are now open for 2018

Because of our outstanding teachers, principals and school support staff, students in Western Australia are provided with a high quality education – whatever their ability, wherever they live, whatever their background.

Our staff bring a wealth of knowledge and experience to schools and classrooms. They are leaders in educational innovation and reform. Because they see the potential in every child, their priority is to enrich student learning and inspire students to achieve to the best of their ability.

Through the WA Education Awards, we thank our teachers, principals and support staff for their role in making a difference in the lives of students in Western Australia.

Individual staff who are the subject of nominations and schools that apply have the opportunity to:

- reflect on their achievements
- be measured against best practice criteria.

### All finalists and winners:

- hold the honour of being recognised by colleagues and communities
- help promote the achievements and successes of their students and school communities
- represent the very best in public education in Western Australia
- undertake professional learning in areas of their choice
- establish relationships with education, community and business leaders.

We encourage you to acknowledge the hard work, commitment and passion by nominating an individual or your school for an award.

Nominations are now open - begin your nomination today!

Go to <https://www.education.wa.edu.au/wa-education-awards>

## Managing stress

Study and exam time can be stressful! Fortunately, there is a lot that can be done to alleviate stress. Here are some tips:

- \* Establish sensible routines for study, leisure, work and well-being.
- \* Look after your health: eat well, get enough sleep and exercise.
- \* Do things you enjoy.
- \* Spend time with people you care about and who care about you.
- \* Manage your self-talk. Instead of saying "What's the point?" say "I'm working towards a goal". Instead of saying "This is too hard" say "This may take some time and effort". Instead of saying "I can't do this" say "I can give this a good go".
- \* Relax, meditate.
- \* Be kind to yourself.

For any of our students experiencing stress, please see your year coordinator who can help you make an appointment to support you during this time. Don't suffer in silence.

**For more information, see the following websites:**

<https://www.youthbeyondblue.com/do-something-about-it/surviving-year-12>

<https://www.eheadspace.org.au/> (Counsellors online as well as phone advice available)

[kidshelpline.com.au/](http://kidshelpline.com.au/) (Counsellors online as well as phone advice available)

*Ms Vanessa Birkinshaw – School Psychologist*

## School Dental Service

The School Dental Service provides free general dental care to school children aged 5 to 16 or until the end of year 11 (whichever comes first).

Care is provided by dental therapists under the supervision of dental officers from fixed and mobile clinics located at schools throughout the state.

The School Dental Service is primarily a public dental health program, with emphasis on prevention and education. The treatment is limited to general practice care and there are a number of exclusions, e.g. specialist services and general anaesthesia facilities. Treatment outside the scope of the School Dental Service is referred to other providers and any costs are the responsibility of the parent or guardian.

Consent of a parent or guardian (by completing a consent form) is a lawful requirement before a child can be treated. However, consent is not required before an examination.

Contact your closest School Dental Therapy Centre or Dental Health Services on (08) 9313 0555 for further information. Those requiring interpreter services should refer to the Dental Health Services Interpreter Service information.

**For more information visit:**

[raisingchildren.net.au/articles/dental\\_care\\_early\\_teens.html](http://raisingchildren.net.au/articles/dental_care_early_teens.html)

